

Shame: Interdisciplinary Applications and Therapeutic Approaches

Online Conference - Saturday 18th March 12-6pm (BST)

Speakers' Biographies

Aileen Alleyne

Dr Aileen Alleyne is a UKCP registered psychodynamic psychotherapist, clinical supervisor and organisational consultant in the UK. She lectures at several training institutions and is a consultant on issues of Race, Diversity and Inclusion in organisations. Her clinical research examining black workers' experiences in three institutional settings, makes a significant contribution to the discourse on race. Highlighting the concept of '*the internal oppressor*', it offers ways of deepening understanding of black psychological reactions to the negative impact of racism. Aileen is the author of several book chapters and journal papers exploring themes on black/white dynamics, shame and identity wounding, and working with issues of difference and diversity in the workplace. Her recently published book, *The Burden of Heritage: Hauntings of Generational Trauma on Black Lives*. Pub: Karnac/Confer Books (2022), is a powerful reminder of the deep and prolonged impact of racial oppression on black communities, and of the importance for all of us – black and white, people of colour – to acknowledge this phenomenon as psychological trauma and know how to deal with it. Full of new concepts and guidelines for practitioners of all stripes, the book is invaluable for all those dedicated to racial justice.

Jonathan Asser

Jonathan Asser is a psychodynamic counsellor and screenwriter. Asser originated violent prisoner therapy Shame/Violence Intervention (SVI), which won the BACP Innovation Award in 2008. He also wrote the critically acclaimed prison movie *Starred Up*, for which he won Best Newcomer at the BFI London Film Festival in 2013 and became BAFTA Breakthrough Brit in 2014.

Gabriella Braun

Gabriella Braun is the Director of Working Well, a specialist consultancy firm using psychoanalytic and systemic thinking to help leaders and teams. Her book, *All That We Are: Uncovering the hidden truths behind our behaviour at work*, published in 2022, is now available in paperback.

Marilyn Charles

Marilyn Charles, PhD, ABPP is a staff psychologist and psychoanalyst at the Austen Riggs Center, Co-Chair of the Association for the Psychoanalysis of Culture and Society (APCS) and Scholar of the British Psychoanalytic Council. Affiliations include Chicago Center for Psychoanalysis (CCP); Universidad de Monterrey (UDEM); and Harvard Medical School. A

contributing editor of *Psychoanalysis, Culture, and Society*, she is actively engaged in mentoring and promoting socially relevant research. Research interests include creativity, psychosis, resilience, reflective function and the intergenerational transmission of trauma. Marilyn is also an artist, a poet, and a writer. Books: *Patterns; Constructing Realities; Learning from Experience; Working with Trauma; and Psychoanalysis and Literature*. Edited volumes: *Introduction to Contemporary Psychoanalysis; Fragments of Trauma and the Social Production of Suffering* (with Michael O'Loughlin); *Women and Psychosis* and *Women and The Psychosocial Construction of Madness* (with Marie Brown); and *The Importance of Play in Early Childhood Education* (with Jill Bellinson). Forthcoming from APA Press: *Trauma, Memory, and Identity: A Clinician's Guide*.

Luna Dolezal

Luna Dolezal is an Associate Professor of Philosophy and Medical Humanities at the University of Exeter. She leads two major research projects that investigate how shame is relevant in healthcare and public health: 'Shame and Medicine' (funded by the Wellcome Trust) and 'Scenes of Shame and Stigma in COVID-19' (funded by the AHRC). Part of her research has been to consider the relevance of shame in experiences of trauma and post-trauma states. Along with her research team, Luna's current research is working to develop principles of 'shame-sensitive practice' that can be applied within healthcare contexts, and also within other care and social services. At present, Luna is collaborating with the Devon & Cornwall Police and the Office of the Police and Crime Commissioner to develop a training in 'shame competence'.

Nini Fang

Nini Fang is a Lecturer in Counselling, Psychotherapy and Applied Social Sciences at the University of Edinburgh and the co-director for the Centre of Creative-Relational Inquiry. She has published extensively in the field of psychosocial studies and recently won the Good Practice Research Award in the category of Positive Disruptor Award in 2022. Her teaching pushes for a more politically responsive curriculum that addresses forms of oppression and inequality in the consulting room. She is a Scholar of the British Psychoanalytic Council. She sits on the Executive Board for the Association for Psychosocial Studies and the Editorial Board for *New Associations* (British Psychoanalytic Council).

Liz Frost

Liz Frost is Associate Professor of Social Work at UWE, Bristol, and Co-Editor of *The Journal of Psychosocial Studies*. She is involved in research in England, and also in Europe, and is on the Board of the European Social Work Research Association. Starting from a theoretical interest in shame and recognition in social work (Frost, 2016) she undertook an exploratory research project with Italy and Germany looking at how child protection social workers stay in these very demanding jobs (Frost et al., 2017). She has undertaken workshops with Associate Professor Alessandro Sicora from Trento University, to look at strong emotions, including shame, with local authority social work practitioners. With colleagues from Germany and Austria, they have also edited a European collection of social work writings on shame (Frost et al., 2020). In England, she has collaborated with 'Community Care

Education' since an initial pilot project in 2017 to analyse how social workers stay in their jobs, and why they leave. This quite extensive, and still growing data base, including more than 1000 questionnaires and 100 qualitative interviews, forms much of the basis for her current practitioner workshops, teaching for social work students, and writing on shame in social work, e.g. Frost, 2022.

Frost, L. (2016) Exploring the concepts of recognition and shame for social work, *Journal of Social Work Practice: Psychotherapeutic Approaches in Health, Welfare and the Community*. Vol 30 (4) pps 431-446.

Frost, L., Hojer, S., Campanini, A-M., Sicora, A. and Kullburg, K. (2017) Why do they stay? A study of resilient child protection workers in three European countries. *European Journal of Social Work*. Published online: 20 Feb 2017, pps 1-1.3

Frost, L (2020) Reconceptualising shame: a political, social and individual taxonomy. In Frost L, Magyar-Hess, V., Schoneville, H. and Sicora, A. (Eds) *Shame and Social Work: Theory, reflexivity and Practice*. Policy Press: Bristol

Frost L, Magyar-Hess, V., Schoneville, H. and Sicora, A. (2020) (Eds) *Shame and Social Work: Theory, reflexivity and Practice*. Policy Press: Bristol

Frost L. (2022) Psychosocial theory for social work, the example of shame, in Frosh, S, Vyrgioti, M. and Walsh, J. (Eds) *The Palgrave Handbook of Psychosocial Studies*.

James Gilligan

James Gilligan, M.D., holds Professorships in Psychiatry and Law at NYU, where he studies the causes and prevention of violence. He was President of the I.A.F.P. (1999-2001). His most recent book is *Holding A Mirror Up To Nature: Shame, Guilt and Violence in Shakespeare*.

Roman Gerodimos

Roman Gerodimos is a Professor of Global Current Affairs at Bournemouth University and a faculty member at the Salzburg Academy on Media & Global Change. Roman's research focuses on drivers of, and barriers to, engagement - with the self, with others, with public space and with the world at large. In addition to his academic work, Roman writes, directs and produces short films and documentaries.

Barry Richards

After a brief early career as a clinical psychologist in the British National Health Service, Barry was an academic at the University of East London, and then at Bournemouth University, where he is now Emeritus Professor of Political Psychology. Amongst his books are *Disciplines of Delight: the Psychoanalysis of Popular Culture* (Free Association Books, 1994), *Emotional Governance* (Palgrave, 2007), *What Holds Us Together* (Karnac, 2018), and *The Psychology of Politics* (Routledge, 2019). His work has centred on bringing psychoanalytic insights into the study of politics, especially in relation to the future of liberal democracy.

Candida Yates

Candida Yates is Professor of Culture and Communication, Bournemouth University. She is an interdisciplinary scholar and applies a psychosocial approach to culture, politics and society and has published widely in that field to explore emotion and affect in the public sphere. She supervises PhD students and teaches on the Political Masters Programmes at Bournemouth University and is Co-Director of the BU Centre for the Study of Conflict, Emotion and Social Justice. She is an Executive member of the UK Association for Psychosocial Studies and a Founding member of the British Psychoanalytic Council Scholars Network and is an Academic Associate at the Freud Museum. She is Joint-Editor of the Routledge book series: *Psychoanalysis and Popular Culture*.