

# Addiction Pandemic? Attachment, Desire and Chemical Distraction

28 March 2021, 12pm – 5.15pm

## Speakers' Biographies

**Michele Morphitis** is a psychotherapist in private practice in Bond Street and Hampton, working with individuals, couples and families. Michele has worked extensively in addictions and mental health: she runs a therapy group for ex-patients of the mental health treatment centre Cottonwood Tucson Arizona in London and was the Manager of the Addiction Treatment Programme at the Priory Hospital, Roehampton, where she worked for 7 years. Michele has also worked in the addiction therapy team at HMP Coldingley. Michele has a Masters degree in Psychoanalysis and Culture awarded by the Tavistock and Portman and is interested in how the unconscious manifests in many aspects of culture, as well as in the sphere of psychotherapy. Michele graduated from the London School of Economics with an economics degree and then worked for 15 years at the BBC as a television director and then in the senior management team, until her own arc of recovery took her down the path of therapeutic work.

**Martin Weegmann** is a Clinical Psychologist, Group Analyst & Narrative Therapist, with many years NHS experience. He has specialised in substance misuse, personality disorder and complex needs, including psychosis. He served for 5 years as a 'Non-Alcoholic Trustee' for the General Services Board of Alcoholics Anonymous (NAT) and has delivered teaching and training throughout the UK. An active author, his first publication in 2002 was the influential *Psychodynamics of Addiction* (Wiley). His recent books are *Permission to Narrate: Explorations in Group Analysis, Psychoanalysis, Culture* (Karnac, 2016) and *Psychodynamics of Writing*, Ed. (Routledge, 2018) and he is busy on a new book, *Novel Connections: Between Literature & Psychotherapy*

**Mary Wild** is the creator of the PROJECTIONS lecture series at Freud Museum London, applying psychoanalysis to film interpretation. She also co-hosts the Projections Podcast with Sarah Cleaver, available on iTunes and Spotify.

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**Cosmo Duff Gordon** is an addictions treatment specialist, chartered psychologist, an Associate Fellow of the British Psychological Society and founder of Start2Stop, a leading London private sector provider of addiction treatment. He has been helping people to recover from addiction since 2005. Before founding Start2Stop in 2010, Cosmo had worked for some years in South Africa, where he was head of addictions treatment at a private hospital in Cape Town. He brings to Start2Stop a through-the-line wealth of experience in helping people suffering with addiction, being possibly the only person in the private sector to have run primary residential, secondary residential, tertiary residential, sober living and outpatient programmes. He has also worked for the NHS in London, in its specialist outpatient gambling clinic.

Having been initially educated at Eton College and Edinburgh University, he later received a 1st class undergraduate degree in Psychology, being awarded the 'Bruner Prize' by the Open University. Cosmo's published doctoral thesis was on the subject of the ideological dilemmas of 12-Step recovery. Cosmo has given talks on treating addiction at the British Psychological Society's (BPS) annual conference and at Public Health England (PHE). In 2018, he was invited to give one of the opening talks at the iCAAD London international addictions treatment conference: <https://vimeo.com/282225633> More recently, he was a speaker at iCAAD Paris (2019), on the topic of 'Recovery & Identity'. He is a co-author of 'Recovery RSA' (2011), a guidebook to recovery from addiction.

**David Morgan** is a consultant psychotherapist and psychoanalyst fellow of the British Psychoanalytical Society. He is also a training analyst supervisor at the British Psychoanalytic Association, BPF and a lecturer recognised nationally and internationally. He works in private practice and also offers a service for whistleblowers and other victims of social injustice. He is editor of two books *The Unconscious in Social and Political Life* (2019) and its sequel, *A Deeper Cut* (2020), both published by Phoenix. *Lectures on Violence Perversion and Delinquency* (with Stan Ruszczyński) was published by Karnacs in 2007.

**Jackie Malton** is an ex Detective Chief Inspector at the Metropolitan Police and a model for the award winning TV series Prime Suspect. Jackie joined the police service in 1970 and served most of her service in the Criminal Investigation Department, investigating all aspects of crime including armed robberies, rape, murder, fraud, arson, blackmail etc and is a trained hostage negotiator. She served on The Flying Squad as the only female amongst forty men investigating armed robberies.

Since leaving the Police Service, Jackie has been employed working as a story consultant on many of the major police drama's seen on TV, including the Prime Suspect series which was based on her experiences as a senior detective in the Metropolitan Police Service. She has an MA in Creative Writing and her first play, 'Be Mine' was transmitted on Radio 4 Play for

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Today. In addition, Jackie has an MSc in Addiction Psychology and has been in recovery from alcoholism since 1992. For the last fifteen years she has voluntarily facilitated weekly addiction groups at HMP Coldingley which is a men's prison in Surrey. Jackie also voluntarily facilitates as a clinician 1-1 sessions with prisoners who ask for help with addiction to drink, drugs, crime, love and sex, and gambling. Most of this work looks at adverse childhood experiences and core social motives relating to their social identity and addiction.

She has recently contributed a chapter in *Addiction, Behavioural Change and Social Identity* edited by Dr. Sarah A. Buckingham and Professor David Best, entitled 'Addiction to crime and a recovery social identity', published 2017, by Routledge. She has been awarded an honorary Doctor of the University by London South Bank University to celebrate her continued work in Criminology. Her new programme 'The Real Prime Suspect', which launched 3<sup>rd</sup> September 2020 on CBS Reality, examines sixteen murders and the subsequent investigations by detectives and other experts. It reflects the professionalism, tenacity and the emotional impact on detectives and uniformed officers, and the evolving use of DNA and forensic science. Twitter @Thursley

**John McKeown** trained in London as an Addiction Counsellor and Clinical Psychotherapist at Guy's, St Thomas's and King's School of Medicine. He is registered with UKCP (UK Council for Psychotherapy) and has worked in the addiction and mental health field since 1987. He has helped to develop many inpatient and outpatient rehabilitation clinics across the UK. John was instrumental in setting up the first drug and alcohol rehabilitation project in the British prison system. He also ran a private practice and consultancy in Harley Street London, providing services to several premier league football clubs, working clinically and delivering education programmes.

In 2007 John co-wrote a self-help autobiographical book with Paul Gascoigne ([Being Gazza, my journey to hell and back](#)).